



Hello unPAvers!

We hope you are as excited as we are for your ride and adventure on the amazing gravel roads of the Susquehanna River Valley this Sunday! There will be around 900 friends participating in unPAved this year. Our whole team has worked hard to put together a fun weekend with lots to do, and we just spent several hours putting all these details together in this for you! So take a few minutes to read over *all of them*. Those that do always have a better time – and that’s what this is all about!

Speaking of emails, check out the earlier ones and the [website](#) for event resources.

- [Equipment & Safety](#)
- [Aid Stations](#)
- [Segment Timing](#)
- [Friday Dispatch](#)
- [Saturday Dispatch](#)

Welcome from the Susquehanna River Visitors Bureau

[This page](#) is full of great information when visiting the area. Whether you are looking for last minute accommodations or something fun for the kids, this is your spot.

For an audio version for *most* of what you need to know, check out “[Episode 261: Dave Pryor and the unPAved of the Susquehanna River Valley](#)” of the Mid-Atlantic Gravel, Travel & Dirt podcast.

And keep this email handy when you get on site for answers to most questions!

Weekend Extras

- [un\(G\)raveled](#) - Join us Friday night for some good old-fashioned beer-drinking fun. The Pub Crawl Contest starts at 6 pm and goes until 10 pm, where we will gather at Bull Run and hand out swag and prizes to those who visited at least 3 places. **Sponsored by Stan's, New Trail Brewing, and Bull Run Tap House!** [Download and Print Your Pub Crawl passport](#) and bring it with you Friday.
- [un\(G\)raveled Games](#) - Starting at 7 PM at Bull Run Game Room, **Stan's** will be hosting Trivial Night.
- [Gravel Film Festival](#): Showing from 5:30-7:30 pm on Saturday at the Campus Theatre in Downtown Lewisburg. Tickets can be purchased in advance on our [reg page](#) or at the door for \$10. Light snacks, beer, and beverages are included. Theater concessions will be available as well.



Packet Pick-Up

What You Get: Each rider will get a swag bag (this can be used as a drop bag), a number plate with an embedded timing chip (to go on the front of your bike), two stickers with your bib number (one for your drop bag and one that goes on the left side of your helmet).

- **Packet Pick-Up: Option #1** - Saturday 10 am - 4 pm at the HQ tent at the Lewisburg Fall Festival located at 6th and Market, across from Bull Run Tap Room. Parking is tight during the festival. We suggest parking at the [Miller Center](#) rear lot and riding to downtown for the most stress-free experience. If you must drive. Take 7th Street South and find a location in the neighborhood. Then walk or ride over.
- **Packet Pick-Up: Option #2** - Sunday 6 am - 9 am inside the [Miller Center](#) on the first basketball court.
 - *Breakfast will be available for purchase at the Miller Center Café from 5:30 am - 9:30 am with assorted pastries, breakfast sandwiches, fruit Cups & parfaits, as well as coffee & tea.*

Please look up your name on the [official roster](#). If you know your bib number it will help speed up the process. NOTE: Your name may look funky right now but it'll be right by Sunday.

Waivers must be signed online *before you get your number*. If you have not done this, log into [BikeReg](#) and sign your waiver. Anyone without a signed waiver will need to fill out a paper form (and we don't like killing trees for that).

Merchandise

If you pre-purchased merch it will be available in the Merchandise Ten (next to unPAved HQ) at the Fall Festival on Saturday, at the Packet Pick-Up location on Sunday morning, and under the unPAved tent at the DONEpaved Party on Sunday evening.

We will also have a great selection of new merch if you are still looking for a memory item or some fresh, warm, and styling clothes.

Drop Bags

Drop Bag Drop-Off - **6:30 am - 9:00 am Sunday only** Located at the [loading dock of the Miller Center](#) in the rear of the building (the opposite corner from where the ride starts).

- **Drop Bag Allowance:** Riders doing the 90 or 120 (only) routes are allowed one drop bag.
- [Please read the drop bag and lost and found policy](#)

Drop Bag Arrival at Poe Paddy Aid Station - **10:30 am** The bags will be lined up by bib number at the entrance of the aid station (Site 101).

- *It is your responsibility to put your drop bag in the “return to finish” area once you are done with it! That’s the best chance to get it back to the finish by the time you get there.*

Drop Bags Return to Miller Center - **4:30 pm** The bags will be returned where you dropped them. They will remain until 10 am on Monday. Anything left will be reused or donated.

The Route and Safety

While most of those taking on a big gravel ride are familiar with using GPS devices, and all our courses are available on [our website](#), the course is well marked with orange arrows and signs. Always follow only the **ORANGE** arrows.

- **Open Roads:** The course is on roads with car & horse traffic. Abide by the rules and laws of the road, and treat cars & horses with respect.
- **Road Crossings:** You are crossing some major roads. There are major crossings at both Hwy. 192 to get in/out of RB Winter State Park and Rte. 45 at Woodward and at Mifflinburg. Please take these roads seriously, slow down, and look both ways for traffic.
- **Download the official course and load it to your device:** We suggest loading the Full-120 and just following the signs at the Aid Stations for a shorter route if needed.

[DOWNLOAD COURSES](#)

- **“Oh Dang! I can’t finish.”** If you are saying this to yourself in the middle of the ride on Sunday we have created **three alternative routes** so you can make your own Plan B and have a fun, rolling, almost completely downhill ride back to the Rusty Rail in Mifflinburg. They are well marked on Course and in the download folder.

Start Times

Since unPAved uses segment timing, there’s no reason to do a mass-start so we don’t! Instead, you can choose when you start the ride based on how long you think you’ll need to do the miles you plan to ride (and when the cut-off times are, see below to plan accordingly).

Start: 6:30 - 9:00 am. The timing mat will turn on at 6:00 am. You must roll under the arch and over the timing mat to trigger your timing chip. The mat is turned off and rolled up after 9 am.

- Full-120 riders should start before 7:30 am
- Plenty-90 riders should start before 8:30 am
- Proper-50 riders should start between 8:00 am - 9:00 am

But you can start anytime between 6:00 - 9:00 am.

Lights must be burning if you start between 6:00 - 8:00 am.

Cut-Offs

Our Race Director takes these times very seriously. So take note, and plan your ride accordingly. There are less cut-offs with the new course, but they are very serious. The good news is you can take an alt-route to make sure you’re having a great day.

- **10:30 am at the turn to RB Winter and the Burly Loop segment** The window at mile 21 closes at 10:30 am. Riders will then get to ride the Plenty-90 or Proper-50 course instead. If you make it to RB winter and plan to turn around without doing the full loop please check in with the timing official. We learned last year that this is an unofficial “Alt Route.”
- **1:30 pm at The Ranch Aid Station** We have a very large and mean guy who will kindly direct anyone reaching this spot (mile 60 for the 120 riders, mile 27 for the 90 riders) after the cut-off to follow the “to Finish” signs by following the

Proper-50 course. The good news for those who rode the Burly Loop is you will still get a legit 90-mile ride!

- **3:30 pm at Poe Paddy Aid Station** Even though the course has changed a lot to this point (mile 76 for the 120s, 43 for the 90s) this cut off is hard and fast. Riders will be directed back into the tunnel and rail trail, continue straight towards Weikert then take a right and then a left to get back on course to head to the Camp K Aid Station
 - **Pro Tip if you're getting close to 3:30 or ok with taking a shortcut:** At the end of Cherry Run, turn left instead of right, skip Poe Paddy and head towards Camp K. This distance to the aid station is almost the same, and you'll cut off 24 miles and 2,500' of climbing.
- **7:00 pm at the Timing Finish in Mifflinburg.** You have a maximum of 13 hours to do your thing. That's a long day so get here in time to ride the rail trail back to the DONEpaved Party.

*If you bail, please check in with someone so we know you're not on course
PLEASE and THANK YOU!*

Segments and Timing

This is super important if you want credit for all the hard work you will be doing out there.

There are 4 segments for the Full-120 milers (which adds up to 44 miles), 3 for the Plenty 90-milers, and 3 for the Proper-54 miles. Some are climby, some are flat(ish), and one is much longer than the others. We use them to keep determine the Whoopie Pie Champions of unPAved. The Segments:

1. **Jones Mountain** (sponsored by **Backyard Beans**): 3 mile climb
2. **Burly Loop** (sponsored by **Lauf**) 25 miles with plenty of ups and downs, but not too gnarly. *120 milers only*
 - a. There is a Pit Stop for quick refueling in the middle of this loop and if you stop the clock is still running at this one. You must come to a stop to refuel – no handups!
3. **The Hollows** (sponsored by **Penns Valley Pedals and Pints**): 7 rolling miles
4. **Bear Gap** (sponsored by **Stans**): 9 miles with a long climb and a fast descent.
5. Proper-50 riders get their own segment: **Stony Run** (sponsored by **Stans**) is 4 miles, relatively uphill.

A course profile for the Full-120 [is on our website](#).

We will celebrate 1 winner in each category of the Full-120. That winner will be announced after all segments have been verified on Monday. We will also post the segment times for the Plenty-90 (#1, #3 and #4) and Proper-50 (#1, #3 and #5).

Don't break Rule #1: Reminder that there are going to be lots of different riders, with a wide variety of fitness levels, moving at very different paces on the segments. Please pass nicely, and please stay to the right so you can be passed easily and safely.



How the Timing Works:

- You will have an RFID chip on the back of your number plate that is read when you cross a mat or pass by track box. **Do not fold, bend, cut, or screw up the number plate!**
- **Mat Timed Points** are located at the Miller Center, RB Winter Aid Station, and the finish line at Rusty Rail Brewing in Mifflinburg. Just roll over the mat and you will be tracked. It is VERY important you roll over the mat before you start your ride. This activates your chip and assures you are tracked the rest of the way.
- **Track Box Timed Points** are placed on either side of the road. You may not even see them, and there won't be a marshal. You just wiz on by and they track you. These are at the start and finish of all segments, except the The Burly Loop start.

A note about accuracy: We have programmed the exact location into the RideWithGPS routes. However, due to variations in devices and file types, we can not guarantee 100% accuracy. Please default to the flags. Each start flag will be placed 20-25 feet prior to the track box and the same distance after the finish. Your device may ping differently.

Segment Closures: Segments will close in rolling succession with the cut-off times (see above). This should not be an issue unless you are late out of the gate in the morning. In that case, if you do not make it to the start of **Segment 1 by 10:30 am** it will be closed and you will not be timed.

Save and share this link so friends and family can see your progress: [LIVE TIMING LINK](#)
Note, this link is not live until the race starts.

Ride Support

Our aid stations have real food, and **CarboRocket** hydration mixes. If you have a special race food you love (gel, bar, or gummy) make sure you pack those on your bike or in your pockets.

1. RB Winter State Park Aid Station (Full-120 only)

Supported by Backyard Beans and Mid-Atlantic Gravel Travel and Dirt.

This will be the first place for you to grab fuel. The crew will have some great goodies and coffee. It is very important that you enter via the path on the

official route into the Snowmobile Parking lot. The Aid Station Zone is on the far left aisle of the lot. Make sure you enter from the back, not under the arch.

2. The Running Gap Pit Stop (Full-120 only)

Supported by Penn State Collegiate Cycling Club, Stan's, and Bike Roost.

This station is in the middle of the Burly Loop segment, and the timer will still be running if you stop here. They will have basic items to get you through the next stretch. If you don't get enough, you have the option to stop back in RB Winter again.

- **RB Winter Rest Room.** The state park has free water at the bathrooms. You will pass by the water spigot twice. Take advantage and fill up.

3. The Ranch Aid Station (Full-120, Plenty-90, and Proper-50)

Supported by Penns Valley Pedals and Pints and Link Cycles.

They will have LOTS of water, hot dogs, chips, and all the junk food you can wish for. This is also a decision point (or cut-off) for the 120 and 90 riders, who would rather finish up on the 50-mile course. Mifflinburg is 20 miles from here.

4. Poe Paddy Aid Station (Full-120 and Plenty-90)

Supported by Nittany Mountain Works, Hush Money Bikes, PEC, and PA DIRT BAGS

We pull out all the stops here to take good care of ya. For those using drop bags, they'll be here.

5. Camp K Aid Station (Full-120 and Plenty-90)

Supported by Larry's Tavern and Cycle UP

This is your last stop before the home stretch. The Aid station will be in the parking lot if the weather is grand, but if we get some rain or typical PA drizzle, it will be in a pavilion 100 yards into the camp, next to bathrooms. Don't blow by here 'cuz you still have over 15 miles to the Rusty Rail.

6. Rusty Rail Brewing Co. Timing Finish (Full-120, Plenty-90, and Proper-50)

This is the official finish line. Rusty Rail will have cookies and beer to give you that last minute fuel, but unless you are pushing the daylight, there is no hurry to get back. Stay and enjoy a light snack or meal at the brewery! You'll have earned a recovery beverage.

Extra Support

- **Medics, Motos, and Marshals**

There's going to be support all over the course, so keep an eye and ear out for them in case of an emergency. Also help each other out. While this is a competitive event, nothing is more important than your fellow riders. Thanks.

- **Showers at the Miller Center**

The Miller Center will have Showers to rent (including soap and towels) from noon to 8 pm. Just hit them up at the Front Desk inside the Miller Center.

- **Bike Wash at the Miller Center**

[Stan's](#) will be showing off their new line of environmentally friendly bike wash products at the Official Bike Wash. This will be located on the back side of the Fairfield Inn from Noon - 9 pm.



Rules to Follow (Pretty Please with a Whoopie Pie on Top)

1. Don't be a Dick!

We know, it's a bad word and we don't like using such language. So don't cross that line and we'll treat you with nothing but respect & love. Do cross that line that we get mad enough to use our bad words, and you won't be welcome back. Plus you'll have to deal with everyone on the internet! #spiritofgravel It's Rule #1, and it goes a long way, but there are more rules, too...

- Safety first! While this is a timed event the prizes aren't worth injury, or worse. Take care of yourself and each other out on course.
- The course has open roads, with car & horse traffic. Abide by the rules and laws of the road, and treat cars & horses with respect. They are bigger than you.
- Safety third! Do not crash on the big descents! DO NOT cross the "yellow line" (mid-point of unmarked roads) especially when descending.
- No urinating or defecating on course! There are porta-johns or restrooms at every Aid Station. This will result in disqualification & permanent ban from future events.
- unPAved riders must ride over the timing mats at the start, through the segment starts & finishes, and at the timing finish mat at the Rusty Rail Brewing Company.
- No cutting the course or creating your own shortcut.
- No flying drones without prior approval from event organizers and DCNR.
- No bottle feeds at Aid Stations. If you want support you must come to a stop and put your foot down or dismount.
- No spectators, teams or staff are allowed on course.
- You are expected to fix your own equipment in case of mechanicals.
- No littering on the course, at aid stations, or in town.
- Must wear an approved helmet at all times.
- Racers must have a number affixed to the front of their bike, and a number fixed to their helmet, during the event.
- You must finish on the same bicycle you started on.
- No e-bikes or fixed-gears on the unPAved 50, 90, or 120 courses.
- All Riders must carry lights with a 700-lumen minimum output. Lights burning before 8:00 am and after 5:30 pm.
- Race directors, medics, and aid station captains may remove any rider from the event that they feel is a hazard to other participants or themselves.

Don't Forget

- **Bring your ID:** Not just to get into Rusty Rail and other drinking establishments, but also to get into unPAved! In other words, no DIY transfers.
- **Bring Cash**

Read the last email we send for more on [Equipment and Safety](#)

Fun Stuff

We have some fun things planned for you guys and ways to win swag and prizes (because only a few people will come in first).

- **Raffle:** You will be given raffle tickets when you pick up your packet. Choose which baskets you would like to win at the DONEpaved Party on Sunday. Drawings start at 5 pm and go every 30-minutes until they are handed out.
- **Lauf Cycles Scavenger Hunt:** Find one of 10 Buffalos on the Jones Mtn or The Hollows Segments and bring them to the Lauf Tent at the DONEpaved Party for a prize. Among the great swag, will be four \$500 gift certificates toward a new bike.
- **DONEpaved Party Games:** Save your strength and plan to get a little rowdy and we will give you free stuff. Sometimes just for showing up!



Finish, Rolling Recovery, and DONEpaved Party

Finish: The end of your timed ride is at the Rusty Rail. This is where the last timing mat will be and how we will know you finished. Once there you can relax, YOU ARE OFFICIALLY DONE TRYING.

Rolling Recovery: You have 9 miles to ride, crawl, hitchhike, or drive back to the Miller Center for the DONEpaved Party. We encourage you to take your time at the **Rusty Rail Brewery** and enjoy the craft fair or grab a beer, (bring your ID, credit card & some cash), and/or stop off at **Jackass Brewery** along the Buffalo Valley Rail Trail for a trail side beer (must have number plate affixed). After all, you have all evening to celebrate your accomplishment.

DONEpaved Party You might decide you just want to be finished and head right to the **Miller Center**. Although the official party does not start until 4, there will be stuff going on all day. The Cafeteria opens at noon, and Food Trucks open at 3 pm. When you arrive you will get a food coupon to use at one of three food stations at the party. There will also be food for purchase, so bring your family or have a second plate.

[More DONEpaved Party details here!](#)



See youse, y'all & yinz this weekend!

GET UNRAVELED 2024

DOWNTOWN LEWISBURG, PA
Friday October 11th, 6:00-10:00pm

Visit 3 locations
and turn in your
ticket to win prizes

PUB CRAWL
BROUGHT TO YOU BY



BRASSERIE LOUIS
101 Market Street

BRENDAN'S TOWNE TAVERN
600 Market Street

BULL RUN TAP HOUSE
605 Market Street

TAPROOM 606
606 Market Street

HUNGRY RUN DISTILLERY
323 Market Street

JACKASS BREWING COMPANY
2268 Old Turnpike Road

LEWISBURG HOTEL
136 Market Street

TREVINA
434 Market Street

TURN-IN YOUR COMPLETED PASSPORT AT
BULL RUN TAP HOUSE

Name:

Phone Number:

Email:

Win Prizes!

HOW TO PLAY

- Hit up 3 or more locations listed (make sure you get this ticket hole-punched)
- Fill out your contact information
- Turn your ticket in to Cimarron OR Dave at The Bull Run Tap House before 10pm!

