

Hello unPAvers!

We hope you are as excited as we are for your ride and adventure on the amazing gravel roads of the Susquehanna River Valley this Sunday! There will be around 1,000 friends participating in unPAved this year. Our whole team has worked hard to put together a fun weekend with lots to do, and we just spent several hours putting all these details together in this for you, so take a few minutes to read over all of them. Those that do always have a better time — and that's what this is all about!

Speaking of emails, check out the earlier ones and the <u>website</u> for pre and post event resources.

- Friday Dispatch
- <u>Saturday Dispatch</u>
- <u>Aid Stations</u>
- <u>Segment Timing and Alt Routes</u>

Welcome from the Susquehanna River Visitors Bureau

This page is full of great information when visiting the area. Whether you are looking for last minute accommodations or something fun for the kids, this is your spot.

For an audio version for *most* of what you need to know, check out the "<u>unDAved" episode</u> of Mid-Atlantic Gravel, Travel & Dirt podcast.

And keep this email handy when you get on site for answers to most questions!

Weekend Extras

• <u>unGraveled</u>: Join us on Friday night to reconnect with old friends and make some new ones. The Pub Crawl starts at 6 pm and goes until 10 pm, where we will gather at Bull

Run and hand out swag and prizes to those who visited at least 3 places. Sponsored by SRAM, New Trail Brewing, and Bull Run Tap House! Print Your Pub Crawl passport at the end of this document, bring it with you Friday and take it with you to all the establishments you visit.

- <u>unGraveled Games</u>: Starting at 8 pm on Friday at Bull Run Game Room, SRAM will be hosting Sprint Races. The Winner will win a Ruby Gravel Fork. We will also have other great prizes to hand out. And your first round of beer is on SRAM!
- <u>Gravel Film Festival</u>: Showing from 5:30-7:30 pm on Saturday at the Campus Theater. Tickets can be purchased in advance on our <u>reg page</u> or at the door for \$10. Light snacks, beer, and beverages are included. Theater concessions will be available as well.

Packet Pick-Up

What You Get: Each rider will get a swag bag (this can be used as a drop bag), a number plate with an embedded timing chip (to go on the front of your bike), two stickers with your bib number (one for your drop bag and one that goes on the left side of your helmet), and 2 raffle tickets.

- Packet Pick-Up: Option #1 Saturday 10 am 4 pm at the HQ tent at the Lewisburg Fall Festival located at <u>White Pine Alley Parking lot and Blackberry Alley</u>. You will want to access the unPaved HQ either on Blackberry Lane or 4th Street. There is plenty of parking in the neighborhood south of Market St., but Market St. is closed for the Lewisburg Fall Festival. You could also park at the <u>Miller Center</u> and ride over to downtown for the most stress-free experience.
- Packet Pick-Up: Option #2 Sunday 6 am 9 am inside the <u>Miller Center</u> on the first basketball court.
 - Breakfast will be available for purchase at the Miller Center Café from 5:30 am - 9:30 am with assorted pastries, breakfast sandwiches, fruit Cups & parfaits, as well as coffee & tea.

Please look up your name on the <u>official roster</u>. If you know your bib number it will help speed up the process.

Waivers must be signed online before you get your number. If you have not done this, log into <u>BikeReg</u> and sign your waiver. Anyone without a signed waiver will need to fill out a paper form (and we don't like killing trees for that).

Merchandise

If you pre-purchased merch it will be available in the Merchandise Tent, next to HQ, at the Fall Festival on Saturday, at the Packet Pick-Up location on Sunday, and under the unPAved tent at the DONEpaved Party.

We will also have a great selection of new merch if you are still looking for a memory item or some fresh, and warm, clothes.

Drop Bags

Drop Bag Drop-Off - **6:00 am - 9:00 am only** Located at the <u>loading dock of the Miller Center</u> in the rear of the building.

- Drop Bag Allowance: Only riders doing the 90 or 120 routes are allowed one drop bag.
- Please read the drop bag and lost and found policy

Drop Bag Arrival at Poe Paddy Aid Station - **10:30 am** The bags will be lined up in Site 101 by bib number.

• It is your responsibility to put your drop bag in the "return to finish" area once you are done with it! That's the best chance to get it back to the finish by the time you get there.

Drop Bags Return to Miller Center - **4:30 pm** The bags will be returned where you dropped them. They will remain until 10 am on Monday. Anything left will be reused or donated.

The Route and Safety

While most of those taking on a big gravel ride are practiced in using GPS devices, and all our courses are available on <u>our website</u>, the course is well marked with orange arrows and signs. Always follow only the **ORANGE** arrows.

- **Open Roads:** The course is on roads with car & horse traffic. Abide by the rules and laws of the road, and treat cars & horses with respect.
- **Road Crossings**: You are crossing some major roads. There are major crossings at both Hwy. 192 to get in/out of RB Winter State Park and Rte. 45 at Woodward and at Mifflinburg. Please take these roads seriously, slow down, and look both ways for traffic.
- **Download the official course and load it to your device:** We suggest loading the Full-120 and just following the signs at the Aid Stations for a shorter route if you need it.
 - https://gropromotions.com/2023/09/29/course-downloads-and-timing/
- "Oh Dang! I can't finish." If you are saying this to yourself in the middle of the ride on Sunday we have created two three alternative routes so you can make your own Plan B and have a fun, rolling, almost completely downhill ride back to the Rusty Rail in Mifflinburg. They are well marked on Course and in the download folder.

Start Times

Since unPAved uses segment timing, there's no reason to do a mass-start so we don't! Instead you can choose when you start the ride based on how long you think you'll need to do the miles you're planning to ride (and when the cut-off times are, see below to plan accordingly).

Start: 6:00 - 9:00 am. The timing mat will turn on at 6:00 am. You must roll under the arch and over the mat to trigger your timing chip. The mat is turned off and rolled up after 9 am.

- Full-120 riders should start before 7:00 am
- Plenty-90 riders should start before 8:00 am
- Proper-50 riders should start between 8:00 am 10:00 am

But you can start anytime between 6:00 - 9: 00 am.

Lights must be burning if you start between 6:00 - 8:00 am.

Cut-Offs

Our Race Director takes these times very seriously. So take note, and plan your ride accordingly. There are less cut-offs with the new course, but they are very serious. The good news is you can take an alt-route to make sure you're having a great day.

- 10:30 am at the turn for The Different Difference (aka "Gray Unicorn" segment) The window at mile 21 closes at 10:30 am. Riders will then get to ride the Plenty-90 or Proper-50 course instead.
- 1:30 pm at The Ranch Aid Station We have a very large and mean guy who will kindly direct anyone reaching this spot (mile 60 for the 120 riders, mile 27 for the 90 riders) after the cut-off to follow the "to Finish" signs by following the Proper-50 course. The good news for those that already rode The Different Difference is you will still get a legit 90-mile ride!
- **3:30 pm at Poe Paddy Aid Station** Even though the course has changed a lot this point (mile 76 for the 120s, 43 for the 90s) is hard and fast. Riders will be directed back into the tunnel and rail trail, continue straight towards Weikert then take a right and then a left to get back on course to head to the Camp K Aid Station
 - **Pro Tip!** At the end of Cherry Run, turn left instead of right, skip Poe Paddy and go right to Camp K. This distance to the aid station is almost the same, and you'll cut off 24 miles and 2,500' of climbing.
- **7:00 pm at the Timing Finish in Mifflinburg.** You have a maximum of 13 hours to do your thing. That's a long day so get here in time to ride the rail trail back to the DONEpaved Party.

If you bail, please check in with someone so we know you're not on course PLEASE and THANK YOU!

Segments and Timing

This is super important if you want credit for all the hard work you will be doing out there.

There are 4 segments for the Full-120 milers (which adds up to 44 miles), 3 for the Plenty 90-milers, and 3 for the Proper-54 miles. Some are climby, some are flat(ish), and one is much longer than the others. We use them to keep determine the Whoopie Pie Champions of unPAved. The Segments:

- 1. Jones Mountain (sponsored by Backyard Beans): 3 mile climb
- 2. The Grey Unicorn (sponsored by SRAM) 25 miles with plenty of ups and downs, but not too gnarly. *120 milers only*
 - a. There is an Aid Station in the middle of this loop and if you stop the clock is still running at this one.
 - b. For a preview of this new segment, check out our Instagram Story.
- 3. The Hollows (sponsored by Penns Valley Pedals and Pints): 7 rolling miles
- 4. Bear Gap (sponsored by Stans NoTubes): 9 miles with a long climb and a fast descent.
- 5. Stony Run (sponsored by Stans NoTubes): 4.6 miles relatively uphill. 50 Milers only

A course profile for the Full-120 is on our website.

We will celebrate 1 winner in each category of the Full-120. That winner will be announced after all segments have been verified on Monday. We will also post the segment times for the Plenty-90 (#1, #3 and #4) and Proper-50 (#1, #3 and #5).

Don't break Rule #1: Reminder that there are going to be lots of different riders, with a wide variety of fitness levels, moving at very different paces on the segments. Please pass nicely, and please stay to the right so you can be passed easily and safely.

How the Timing Works:

- You will have an RFID chip on the back of your number plate that is read when you cross a mat or pass by track box. So do not fold up, cut, or screw up the number plate!
- Mat Timed Points will have a just off the road in a pull out zone. Slow down a few moments before you reach the mat so the marshal can read your number and verify that you were tracked. These mats are at the start of each segment, except Jones Mtn, where this is a mat at the start and the finish.
- **Track Box Timed Points** are placed on either side of the road. You may not even see them, and there won't be a marshal. You just wiz on by and they track you. These are at the end of most segments, except the Hollow start, where we use track boxes at the start and finish.

As a note, segments will close in rolling succession with the cut-off times (se above). This should not be an issue unless you are late out of the gate in the morning. In that case, if you do not make it to the start of **Segment 1 by 10:30 am** it will be closed and you will not be timed.

Save and share this link so friends and family can see your progress: <u>LIVE TIMING LINK</u> *Note, this link is not live until the race starts.*

Ride Support

Our aid stations have real food, **Kate's Realfood** energy bars and **CarboRocket** hydration mixes. If you have a special race food you love (gel or gummy) make sure you pack those on your bike or in your pockets.

1. RB WInter State Park Aid Station (Full-120 only)

Supported by PICL and Backyard Beans. This will be the first place for you to grab fuel. The crew will have some great goodies and coffee. It is very important that you enter via the path on the official route to enter the Snow Mobile Parking lot. The Aid Station Zone is on the far left isle of the lot. Make sure you enter from the back, not under the arch.

2. The Grey Unicorn Aid Station (Full-120 only)

Supported by SRAM. This station is in the middle of the Grey Unicorn segment, and the timer will still be running if you stop here. They will have basic items to get you through the next stretch. If you don't get enough, you have the option to stop back in RB Winter again.

- **RB Winter Water Station.** The state park has free water at the bathrooms. You will pass by the water spigot twice. Take advantage and fill up.
- 3. The Ranch Aid Station (Full-120, Plenty-90, and Proper-50)

Supported by Pedals and Pints. They will have LOTS of water, hot dogs, chips, and all the junk food you can wish for. Mechanic Support is provided by Bike Roost. This is also a decision point (or cut-off) for the 120 and 90 riders, who would rather finish up on the 50-mile course. Mifflinburg is 20 miles from here.

- 4. Poe Paddy Aid Station (Full-120 and Plenty-90) We pull out all the stops here with the legends of Mid-Atlantic events, Becky & John Davidson, to take good care of ya. They are complemented by Hushmoney Bikes for mechanical support. For those using drop bags, they'll be here.
- 5. Camp K Aid Station (Full-120 and Plenty-90) This is your last stop before the home stretch. The Aid station will be in the parking lot if the weather is grand, but if we get some rain or typical PA drizzle, it will be in a pavilion 100 yards into the camp, next to bathrooms. Don't blow by here 'cuz you still have over 15 miles to the Rusty Rail.
- 6. Rusty Rail Brewing Co. Timing Finish (Full-120, Plenty-90, and Proper-50) This is the final stop. Our aid station will have the basics to get you back to the Miller Center, but if you are looking for something more substantial you can venture inside the Rusty Rail to buy a snack, or a full meal!

Extra Support

• Medics, Motos and Marshals

There's going to be support all over the course, so keep an eye and ear out for them in case of an emergency. Also help each other out. While this is a competitive event, nothing is more important than your fellow riders. Thanks.

• Showers at the Miller Center

You can sign up for a special day pass to access the showers and other amenities after your ride or anytime during the weekend: <u>DAY PASS ACCESS</u>

• Bike Wash at the Miller Center We will have a bike wash station set up at the Miller center. It will be on the south side of the building next to the Rail Trail.

Rules to Follow (Pretty Please with a Whoopie Pie on Top)

1. Don't be a Dick!

We know, it's a bad word and we don't like using such language. So don't cross that line and we'll treat you with nothing but respect & love. Do cross that line that we get mad enough to use our bad words, and you won't be welcome back. Plus you'll have to deal with everyone on the internet! #spiritofgravel

It's Rule #1, and it goes a long way, but there are more rules, too...

- Safety first! While this is a timed event the prizes aren't worth injury, or worse. Take care of yourself and each other out on course.
- Course is open roads, with car & horse traffic. Abide by the rules and laws of the road, and treat cars & horses with respect. They are bigger than you.
- Safety third! Do not crash on the big descents! DO NOT cross the "yellow line" (mid-point of unmarked roads) especially when descending.
- No urinating or defecating on course! There are porta-johns at every Aid Station. Will result in disqualification & permanent ban from future events.
- unPAved riders must ride over the timing mats at the start, segment starts & finishes, and at the timing finish at the Rusty Rail Brewing Company.
- No cutting the course or creating your own shortcut.
- No flying drones without prior approval from event organizers and DCNR.
- No bottle feeds at Aid Stations. If you want support you must come to a stop and put your foot down or dismount.
- No spectators, team or staff allowed on course.
- You are expected to fix your own equipment in case of mechanicals.
- No littering on course, at aid stations or in town.
- Must wear an approved helmet at all times.
- Racers must have a number affixed to the front of their bike, and a number fixed to their helmet, during the event.
- You must finish on the same bicycle you started on.

- No e-bikes or fixed-gears on the unPAved courses.
- All Riders must carry lights with 700 lumen minimum output. Lights burning before 8:00 am and after 5:30 pm.
- Race directors, medics, and aid station captains may remove any rider from the event that they feel is a hazard to other participants or themselves.

Potpourri

- **Bring your ID:** Not just to get into Rusty Rail and other drinking establishments, but also to get into unPAved! In other words, no DIY transfers.
- Slow Down when Crossing Timing Mats and don't stay within 30' of the mat. Ride through it and then get racing! Timing officials have the authority to stop you, or even DQ you. Reminder: Don't break Rule #1.
- **Drop Bags** aren't as complicated as they have been in the past. Your 1 bag will be taken to Poe Paddy Aid Station (so only for the 90 and 120s). Reminder to bring them to the Loading Dock of the Miller Center (opposite corner from the start/finish) by 9 am. They will be returned to the same spot.

Fun Stuff

We have some fun things planned for you guys and ways to win swag and prizes (because only 3 people will come in first).

- **Raffle:** You will be given raffle tickets when you pick up your packet. Choose which baskets you would like to win at the DONEPAved Party on Sunday. Drawings start at 5 pm and go every 30-minutes until they are handed out.
- **DONEpaved Party Games:** Save your strength and plan to get a little rowdy and we will give you free stuff. Sometimes just for showing up!

Finish, Rolling Recovery, and DONEpaved Party

Finish: The end of your timed ride is at the Rusty Rail. This is where the last timing mat will be and how we will know you finished. Once there you can relax, YOU ARE OFFICIALLY DONE TRYING.

Rolling Recovery: You have 9 miles to ride, crawl, hitchhike, or drive back to the Miller Center for the DONEpaved Party. We encourage you to take your time at the **Rusty Rail Brewery** and enjoy the craft fair or grab a beer, (bring your ID, credit card & some cash), and/or stop off at **Jackass Brewery** along the Buffalo Valley Rail Trail for a trail side beer (must have number plate affixed). After all, you have all evening to celebrate your accomplishment.

DONEpaved Party You might decide you just want to be finished and head right to the **Miller Center**. Although the official party does not start until 5, there will be stuff going on all day.

When you arrive you will get a food coupon to use at party.

More DON ails here! ll & yin:

HOW TO PLAY

- Hit up 3 or more locations listed
 (make sure you get this ticket hole-punched)
- Fill out your contact information
- Turn your ticket in to Cimarron & Dave at The Bull Run Tap House before 10pm!



DOWNTOWN LEWISBURG, PA Friday October 6th, 6:00-10:00pm

Visit 3 locations and turn in your ticket to win prizes

PUB CRAWL BROUGHT TO YOU BY



BRASSERIE LOUIS 101 Market Street

BRENDAN'S TOWNE TAVERN 600 Market Street

BULL RUN TAP HOUSE 605 Market Street

CIVIL WAR CIDER 606 Market Street

HUNGRY RUN DISTILLERY 323 Market Street

JACKASS BREWING COMPANY 2268 Old Turnpike Road

> LEWISBURG HOTEL 136 Market Street

MATTY'S SPORTHOUSE GRILL 74 Walter Drive

> **TREVINA** 434 Market Street

TURN-IN YOUR COMPLETED PASSPORT AT BULL RUN TAP HOUSE Name:

Phone Number:

Email: